

BEing a Spark for the Light that IS: Working with Chronic and Critical Projects and Getting to KNOW the Depths

A Special Topic Class *with* Cynthia Broshi

In this class we will practice seeing **challenging projects** – with our hands, mind and heart – then listening deeper, to **SEE**.

At the core of every project is the Universe's desire to express **LIFE**. Using the pulse, body reading, the Lumbar Circle, medical histories and diagnoses, we will practice listening for **Cause and Harmonizer** of critical labels and chronic projects.

In Jin Shin Jyutsu, Cause and Harmonizer speak as the **9 Depths**. *Which Depth is the root of this project? Which can lead the totality of this Being into harmony?* We'll work with our own life-stories, to understand who the Depths are and recognize how they act. Understanding myself deepens my ability to help others.

We'll explore **page 42 in Text 2**. This page maps out **Disharmony occurring according to age (Critical)**, so helps us see origins and harmonizers of any big project. As well, we will find that this page speaks to all of us, helping us understand our greatest life challenges. *Which Depths and Flows are keys to developing my unique capacities, so I can shine and live my life fully? Who, what, where, how am I? From what have I come, to where am I going?* Page 42 illuminates relations of Parents and Child, past and future generations.

The Art of Jin Shin Jyutsu helps make available the energy a person needs to know and follow their path of fulfillment. For some, harmonizing leads to physical healing. For some, the emotional or spiritual Being unfolds. Sometimes harmonizing includes death of the body. How to continue when the road is long? **How can I hear harmony** when the prognosis is dark? **How can we assist** those who are journeying into their final exhale into the Light?

We'll discuss many **practical aspects of caring for ourselves, as well as for our loved ones and our clients with critical needs**. These include:

- Communication with the client, with their family and their healthcare team
- Frequency and length of sessions
- Matching my touch and approach to the client's state-of-being
- Tips for working in hospitals or at a client's home
- Developing teamwork with other practitioners
- Sharing self-care JSJ suggestions with clients and their care providers
- **SEEing the Harmony**: the effortless reality of compassion and joy.

This Special Topic Class is a **window into the Art in its entirety**. We'll journey through many pages of **Text 1 and Text 2**, discovering connections. And we will develop our awareness and understanding through **your questions, daily pulse listening, body reading, self-help and hands-on practice**.