

Jin Shin Jyutsu®

Physio-Philosophy

Introducing JIN SHIN JYUTSU IS. Mary Burmeister's Self-Help Book 2

a class presented by CYNTHIA BROSHI

Getting to KNOW (help) MYSELF

September 8 & 9, 2012 9:00 - 4:00 Santa Fe, New Mexico

JIN SHIN JYUTSU is a hands-on art of harmonizing energy flow in the body. Brought to the West from Japan by Mary Burmeister in the 1950s, its principles and practices are firmly rooted in ancient healing traditions.

Jin Shin Jyutsu can be applied by a trained practitioner or as self-help. This workshop will focus on developing our innate ability to utilize this art to harmonize ourselves. Simple sequences of gentle touch can reveal the harmony of spirit, mind, heart and body. Jin Shin Jyutsu can be used by anyone, anywhere, anytime.

For further information about this art view www.broshijsj.net and www.jsjinc.net.

CLASS FEE: \$250 (includes Book 2) Send \$100 deposit to Cynthia Broshi co/ Gail Robertson, 841 E. Alameda, Unit 2, Santa Fe, NM 87501. Please include email and phone number with your payment.

For more information contact Gail at (505) 660-1145 or gail777@comcast.net

CYNTHIA BROSHI began using Jin Shin Jyutsu for herself and her daughter, who was born with a life-threatening illness, in 1984. She hasn't skipped her self-help a single day since, finding in it her key to enjoying each and every day. Cynthia's studies with Mary Burmeister began in 1985 and she's taught Jin Shin Jyutsu Self-Help Classes over twenty years. An authorized Instructor, she presents Jin Shin Jyutsu Seminars internationally. Cynthia and her husband, Uzi, teach Self-Help and provide Jin Shin Jyutsu hands-on sessions in their San Carlos, CA office and on the 7 continents.



JIN Person of knowing and compassion

SHIN Creator

JYUTSU Art